



**SAINTS
GERVAIS**
MONT-BLANC

SUMMER 2024

MEDIA PACK

Saint-Gervais

FACTS & FIGURES



5 734

Resident population on 1st January 2022.



25 000

Tourist beds.



6 500 YEARS

The course of spring water,
from Mont-Blanc to the Thermal Baths.



1909

Birth of the Mont-Blanc Tramway.
115 years of service.



9

Restaurants listed in renowned culinary guides
(Hubert, Michelin, Pudlowski, Gault&Millau).



4 805,59 M

the highest point in Saint-Gervais
and the summit of Mont-Blanc

12 signposted
mountain bike
and cycle routes

215 KM
of signposted
hiking trails

4 villages

Le Fayet • Saint-Gervais
Le Bettex • Saint-Nicolas



NEWS



SAINT-GERVAIS

the resort that reinvents
itself every season

KEY NEW FEATURES SUMMER 2024

A new summer season in Saint-Gervais is **the promise of a well-deserved break**. Relax, unwind and enjoy **a host of rewarding activities**.

SOFT MOBILITY, ACT 1

The **"Ascenseur des Thermes"** is due to open this coming summer. This **eco-friendly mode of transport** is part of the resorts drive to improve transport services for all, while significantly reducing the environmental impact by using new innovative technology. How does it work? The lift links the main villages within resort and is designed for use by visitors to the thermal baths, schoolchildren, workers or holidaymakers, as well as families and sports lovers. The ingenuity of the **lift lies in the way it operates, using domestic wastewater**. Running up and down, between Saint-Gervais and Le Fayet, the facility is powered by counterweights and electricity produced and stored during the descent. The residents of Saint-Gervais and Le Fayet owe this idea to Michaël Farmer, the passionate British engineer behind the miniature locomotive in the Thermal Park. This new lift, a **direct line of transport between the Thermal Park in Le Fayet and the village of Saint-Gervais, will provide greater freedom of movement**.



SOFT MOBILITY, ACT 2

From one lift to another! **This summer marks the opening of a new gondola lift known as "Le Valléen"**, a facility that aims to **improve mobility between the different villages in resort**. With an average passenger flow of 1,250 people per hour, this new means of transport promises to **relieve traffic congestion on the road between Le Fayet and Saint-Gervais**. The lift will also **reduce CO₂ emissions by around 15%**, an added bonus! The new gondola will run between the multi-modal transport hub (train and bus station, tramway, cycle route, car-pooling and hitchhiking) and the Bettex gondola, which is also being replaced by a more energy-efficient upgrade. The facility will ensure low-carbon mobility in keeping with new forms of transport that Saint-Gervais is keen to develop. **The key to less pollution and a more sustainable economy**.



A NEW LEASE OF LIFE FOR THE THERMAL PARK

A leafy haven in the heart of the village of Le Fayet, the Thermal Park is due to undergo **major improvements to restore it to its former glory**, with less tarmac and more pedestrian areas! The resort of Saint-Gervais has opted to **redesign the grounds to create a more natural environment** for residents and holidaymakers alike. **The ideal place to relax and unwind, whatever the time of day**.

A GOURMET ITINERARY

The mountains are renowned to whet your appetite. Combine the discovery of culinary delights, an encounter with passionate farmers and an alpine adventure along one of the resort's **5 gourmet itineraries**. There's something to suit every palate.

THE MOUNTAIN GUIDES CELEBRATE 160 YEARS



The Saint-Gervais / Les Contamines Mountain Guide Company, founded in 1864, is celebrating a special anniversary this year!

The local guides – pioneers on numerous routes in the Mont-Blanc range – have greatly contributed to the rising popularity of mountaineering amongst the general public. A passion that these alpine professionals are keen to share, to ensure both pleasure and safety on every climb. Key ingredients for a memorable celebration include an exhibition, displays across town and the traditional mountain guide festival in the streets of Saint-Gervais, from 2nd to 4th August.



FESTIVE, SPORTING AND CULTURAL EVENTS TO ENJOY THIS SUMMER!

15TH-16TH
JUNE

Sérénité Alpine Health & Well-being Event

Sérénité Alpine is the perfect introduction to relaxation techniques. **Discover a whole new world of well-being** at this health-focused event, led by passionate professionals eager to share their expertise: yoga, Qi Gong, soothing massages, rejuvenating walks and interesting talks in the magnificent park in Le Fayet. Join us on **the path to inner harmony at the foot of Mont Blanc.**

6TH-7TH
JULY

Montagn'hard Trail Race

Participants in the Montagn'hard race up the mountain **in a fun, light-hearted atmosphere**, spirits high and trainers tightly laced! With a fast pace and agile stride, **1,500 competitors run towards the skies** in breathtaking surroundings.

17TH
JULY

Tour du Val d'Aoste Cycling Race

This year, the **60th edition of this event** - the highest **Franco-Italian cycling race** - starts in Saint-Gervais. A challenging stage of the race, at the foot of Mont-Blanc, the event boasts winding roads and steep slopes that test the determination and endurance of the cyclists when faced with the impressive majesty of the Alps.

20TH
JULY

Montée du Nid d'Aigle: Mountain Running Event

Since 1986, **the mythical Montée du Nid d'Aigle**, the only French stage of the Mountain Running World Cup, attracts both professional and amateur athletes. Due to ongoing works to extend the Mont-Blanc Tramway, last summer's itinerary has been retained for the 2024 edition. This 20 km race (1,850m of vertical ascent), boasts a breath-taking finish opposite Mont-Blanc.

N.B. Only the first 450 people to register will receive a race bib.

25TH-27TH
JULY

Alpi Hours Festival

Over the course of a weekend, **Saint-Gervais becomes a live stage for a travelling show, to the sounds of rock, pop, jazz and rap. Artists of all kinds take to the village streets**, creating a fun and friendly invitation for family and friends to gather and dance in the square.



FULL PROGRAMME AVAILABLE **ONLINE** →

**30TH JULY - 2ND AUGUST
18TH AUGUST**

Alpages en Fête: Festivities in the Alpine Pastures

This summer, discover the alpine pastures above Saint-Gervais on two festive occasions:

Théâtre dans les alpages: a theatre festival in natural surroundings, opposite the Bionnassay glacier. Enjoy a combination of classical and contemporary productions under the watchful eye of Mont-Blanc.

Fête de l'alpage de Joux: entertainment, introductory sessions and educational activities alongside the animals in their summer pastures.

**2ND-4TH
AUGUST**

Traditional Mountain Guide Festival

For local guides, the mountains are second nature.

This year, **the Saint-Gervais / Les Contamines Mountain Guide Company is celebrating its 160th anniversary.**

To share their passion, learn more about their life at the summit and celebrate this legendary anniversary, **join the guides in the centre** of the village for a parade followed by the blessing of ropes and ice axes. Plus, to mark the occasion, the famous tightrope walker Antoine Le Menestrel will present his show "Service à tous les étages" on 4th August at 11:00 am.

**5TH-9TH
AUGUST**

Music & Heritage Festival

The annual music and heritage festival in the Montjoie valley is an absolute must!

A combination of nature and chamber music, this year's programme boasts a host of entertainment and concerts including a requiem in the baroque church of Véroce and a musical hike opposite Mont-Blanc. **Enjoy the majestic art of music amidst nature.**

**24TH-25TH
AUGUST**

20th Anniversary of the miniature train in the Thermal Park

As Laurent Suchaire, President of the Amicale du Petit Train du Parc Thermal (APTPT), explains: "The miniature train in the Thermal Park is the work of a lifetime."

To celebrate the locomotive's 20th anniversary, the resort proposes a varied programme of surprise entertainment, singing and dancing. A memorable event, not to be missed!

**14TH-15TH
SEPT.**

Tour du Mont-Blanc Automobile Rally

When **vintage automobiles** gather in the centre of Saint-Gervais, engines roar and wheels screech. On this occasion, motoring enthusiasts embark **on a tour of the Mont-Blanc region.** Fancy the ride?

ALL FOR GREEN AND GREEN FOR ALL

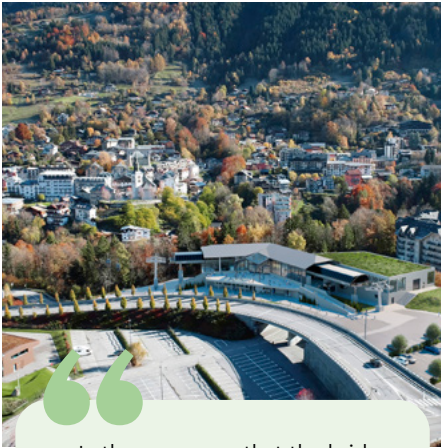


SAINT-GERVAIS

eco-responsability,
a driving force

SAINT-GERVAIS CONSTANT COMMITMENT

Saint-Gervais is a **destination determined** to offer new experiences while minimising its carbon footprint. By joining talent and forces, the resort promises a greener future: eco-responsible development of the ski area, soft mobility and awareness campaigns for both locals and tourists.



In the same way that the bridge united the residents of Saint-Gervais from both sides of the river, "Le Valléen" is the much-needed link between the market towns of Le Fayet and Saint-Gervais.

Jean-Marc Peillex,
Mayor of Saint-Gervais

LE VALLÉEN (VALLEY LIFT): A NEW GENERATION OF PUBLIC TRANSPORT

"Le Valléen" is **the promise of a year-round alternative means of transport**, designed to enhance the current transport options available to local residents and tourists. This facility, the **latest generation in urban cableway transport**, boasts a high-speed capacity of up to 2,600 passengers per hour. In 2024, the Valley lift will link the town of Saint-Gervais to the hamlet of Le Fayet, encouraging tourism and economic development. An innovative project for the future of Saint-Gervais that will transform **the local community and contribute to a greener, more eco-friendly resort.**

A new mode of transport that boasts numerous advantages:

Lower impact on the landscape and the environment

Less pollution and greenhouse gas emissions

Less noise

Less road traffic

Estimated key figures:

54,000
return trips made by
working people over
a 1-year period.

25,920
trips during
the school year.

125,000
trips per annum.

ASCENSEUR DES THERMES: A REVOLUTIONARY AND ECOFRIENDLY INNOVATION

A **new and innovative lift** that symbolises the **revival of soft, low-carbon mobility** is about to make its debut in the Thermal Park. The "Ascenseur des Thermes", formerly known as the "wastewater lift", aims to **provide a no-pollution link between the park in Le Fayet and the centre of Saint-Gervais and to improve communication and interaction between local residents.** An innovative eco-friendly system has made this feat possible. Inspired by early 20th century techniques and developed by British engineer Michaël Farmer, the lift is a successful combination of both tradition and modernity. This **ingenious hydraulic mechanism**, powered by a counterweight and a ballast tank, runs on wastewater from the public mains network. Completely free of charge and able to carry up to 16 people per trip, **it will take just 1.5 minutes to ride the 255 metres between the upper and lower villages.**

"FLOCON VERT" PROTECTING NATURE FOR A GREENER FUTURE



The "Flocon Vert" environmental certification has been developed to encourage and reward those ski resorts in France actively committed to respecting the ecosystem and biodiversity. Saint-Gervais engages in the safeguard of nature and strives on a daily basis to reduce the environmental impact of both sports and tourism related industries in the area. As a reward for its efforts, the resort was awarded 2 out of 3 snowflakes on its first application.

To ensure an ever-greener future, the resort is committed to adopting eco-friendly practices such as:

- reducing energy consumption
- managing water efficiently
- promoting soft mobility
- minimising waste
- preserving local biodiversity

Plus, to continue its educational role amongst the general public, the local authority runs regular awareness campaigns on the importance of the surrounding environment, encouraging visitors to adopt responsible behaviour.

MONT-BLANC TRAMWAY, A GENTLE RIDE TO THE SUMMIT

The highest cog railway in France is currently undergoing extensive improvements. This summer, work on the Tramway du Mont-Blanc will result in a terminus at Mont-Lachat instead of the Nid d'Aigle. A timeless experience and the perfect opportunity for visitors to discover alpine scenery at the foot of the majestic Mont-Blanc. Although 3 trains a day will serve a temporary stop at the Nid d'Aigle, access to these trains is reserved for mountaineers on their climb to Mont-Blanc or for those who have booked an overnight stay in a mountain refuge.

MIAGE MICRO HYDROELECTRIC POWER STATION

Producing clean energy is one of the major challenges facing the resort of Saint-Gervais.

To support its existing efforts (solar panels, photovoltaic power station etc.) and expand its fleet of hydroelectric power stations (3 presently in operation: Le Fayet, Bionnay, Râteau), the Miage micro-hydroelectric water turbine will be commissioned this autumn.

The waters from the Miage torrent will contribute to the production of this "new" source of energy. To avoid excessive pollution linked to the transportation of tools and materials, so-called "green works" will be undertaken to complete this project - transport by cable, without fuel. Plus, to reduce visual pollution, the power station building has been designed to intergrate the surrounding environment.





A WALK IN THE ALPINE PASTURES... FRESH AIR AND "FROMAGE"!

Saint-Gervais Mont-Blanc is pulling out all the stops to **support mountain farming** and bring life back to the mountain pastures. Porcherey, La Grand-Montaz, le Truc, La Pierre du Déjeuner and the Joux mountain pastures invite visitors to enjoy a **taste of the mountains at the summit.**

7 MOUNTAIN REFUGE HUTS FOR A WELL-DESERVED BREAK

Looking to enjoy a **memorable moment up the mountain**? Head to one of the **7 refuge huts above Saint-Gervais**! These **peaceful havens welcome seasoned adventurers and amateur hikers** for an overnight stay or more. As a family, with friends or in solo, these hidden gems are the perfect venue to recharge your batteries and create lasting memories, in the company of attentive hosts. The summit of relaxation!



A MOUNTAIN OF ACTIVITIES



SAINT-GERVAIS

the summit of adventure
and relaxation

CLIMBING HIGH CLIMBING HARD

Saint-Gervais, located at the heart of the Mont-Blanc range, is a paradise for rock-climbing enthusiasts. Facilities in resort include a vertical adventure zone, rock faces in the Thermal Park and a rock-climbing school.



CLIMBING THE WALLS

The Saint-Gervais / Les Contamines Mountain Guide Company **proposes a variety of climbing courses to suit all levels.** From **introductory courses** for beginners to **advanced programmes** to perfect your skills, our experienced and passionate instructors supervise **your climb and ensure that you progress safely.**

ON THE ROCKS

The rock face located in the park in Le Fayet **boasts a varied choice of routes, accessible** to both novice and experienced climbers. This challenging site, in natural surroundings amongst century-old trees, is an exceptional place to train!

LE TOPO: TOP FACILITIES IN RESORT!

The **Topo climbing facility in Saint-Gervais**, open since September 2023, is proving a **huge success**. On average, **300 climbers practice their climbing skills every day** here. As a result, new developments are in progress to offer an even more extensive experience:

- an outdoor climbing wall for sunny climbs
- a terrace and outdoor space for relaxing in the fresh air
- additional parking for easy access

Alongside the climbing facilities, **the Topo organises a range of entertainment and events** such as concerts, conferences, film projections and competitions.

SAINT-GERVAIS, A MUST FOR MOUNTAINEERING!



The Saint-Gervais / Les Contamines mountain guides organise a **wide range of activities for keen mountaineering enthusiasts and novice climbers.** **Scale the rock faces, explore the canyons and climb the summits, in solo or with a group.** On the programme: mountaineering, hiking, rock climbing, preparative courses and climbs to the summit of Mont-Blanc, canyoning, via ferrata, hiking circuits and the famous Tour du Mont-Blanc. **Choose from a vast selection of challenging pursuits, the guarantee of a memorable adventure!**

AS A FAMILY, WITH FRIENDS OR IN SOLO CLIMB HIGHER IN SAINT-GERVAIS!



1 VIA-FERRATA

IN VERTICAL MODE

Looking to **discover the Bonnant gorges**? Somewhere between hiking and rock climbing, **Via Ferrata is the ideal choice**. Starting from the park in Le Fayet, experienced climbers can wind their way along the rock face. For this vertical route, rated AD+ (very difficult), it is advisable to be accompanied by a professional. An exciting experience for thrill-seekers!



2 NINJA COURSE

IN WARRIOR MODE

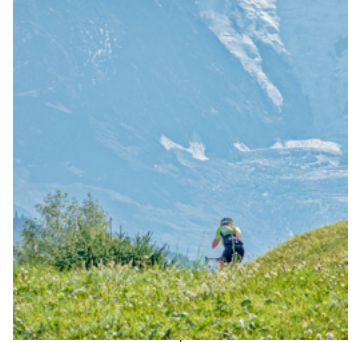
Apprentice Ninjas can enjoy a fun and **exciting experience** at 1,800m altitude, opposite Mont-Blanc. Open to adventure seekers of all ages, this 70-metre **obstacle course boasts** a zip line, ropes an inclined wall and balance modules.



3 BIKEPARK, SKATEPARK & PUMPTRACK

IN FREESTYLE MODE

Saint-Gervais boasts an adventure playground for **freestyle enthusiasts**. Three different facilities include: a 550 sq-m skatepark with a bowl and modules for skateboard fans, a bikepark equipped with numerous wooden modules and tracks and a pumptrack. **A rider's paradise, all three facilities are located in breathtaking alpine surroundings.**



4 MOUNTAIN BIKING

IN ELECTRIC MODE

Discover the resort's historical heritage and natural resources on an electric mountain bike. This new activity, proposed by Julien - an engineer, mountain leader and certified trainer/guide - offers outdoor enthusiasts the perfect opportunity to combine pleasure, effort and safety. Plus, those interested can **participate in a bike maintenance workshop and learn how to repair and maintain their bikes.**



5 FAMILY HIKE

Babies and toddlers will enjoy an introduction to **the pleasures of hiking as a family** along the Charlotte the Marmot theme trail. Discover the secrets of the mountains on this scenic walk with views of Mont-Blanc. An ideal way to enjoy a **host of fun and educational activities** in the fresh mountain air!



6 CANI-HIKE

Summer in Saint-Gervais is also an opportunity to discover an **ancient Inuit activity**. The company Antarctic Road proposes an **enjoyable hike in the company of a musher and his husky dogs**. Several options and routes available. For all the family, from age 8 upwards.



7 YOGA-HIKE

Yoga teacher, Clémence Cardot proposes a soothing, **contemplative and enriching experience** in the mountains of Saint-Gervais. The key to relaxation of both body and mind.



8 JOLY-HIKE

Le Bettex is the starting point for a hike amidst unspoilt countryside towards the summit of Mont Joly, at an altitude of 2,525m. **This contemplative yet challenging walk through meadows and alpine pastures** boasts **360° panoramic views of the Mont-Blanc range, the Aravis mountains and the Beaufortain**. The path to freedom!



CLIMB HIGHER, FASTER!

Fancy a picnic at the summit, a walk or a mountain bike ride? **During the summer season, the mountain lifts enable visitors to access the heights**, enjoy the views and discover the natural surroundings along the different trails. Special packages, group rates and the gratuity for children under 5 means that everyone can enjoy the experience. Opening dates and further information available from the Tourist Information Office.

Please note: this summer, the Saint-Gervais – Le Bettex gondola lift is closed for renovation works. However, the gondola from Le Bettex to Mont d'Arbois (**1,850 m**) will be running as usual (hiking, mountain biking, Ninja course, mountain restaurants etc.).



VAL MONTJOIE, ROUND AND ABOUT

This **5-day trek through the Val Montjoie**, between Saint-Gervais Mont-Blanc and Les Contamines-Montjoie, is an **immersive experience amidst natural surroundings**. In solo or under the supervision of a guide, each day offers **breathtaking panoramic views**, from mountain pastures to unspoilt forests. Unique moments, such as the descent towards the Miage mountain pasture or the climb to Mont Joly with its breathtaking panorama, highlight this hike. The last stage, through the ancient mountain pastures of Saint-Nicolas de Véroce, is the perfect conclusion to this **memorable adventure**.

TREE TOP ADVENTURE TRAIL, A CASCADE OF ZIP WIRES

The mountain guides of Saint-Gervais / Les Contamines are expanding the tree top adventure trail in Le Fayet with the creation of a new course. Works are due to take place over a two-year period. This **new thrill-seeking circuit** will feature **over 600 m of zip wires**, divided into 8 sections, through the forest. Open from early summer to late autumn, this moderately challenging activity is open to everyone. Enjoy a **thrilling adventure through the trees, at full speed!**
NB: during the works, the 5 existing courses and the toddler course will remain open.

LUMBERJACK FESTIVAL ON 1ST SEPTEMBER!

Equipped with their favourite chainsaws, lumberjacks will gather in the park in Le Fayet for a lively day of entertainment. On the programme: **wood sculpting, music, local crafts, a car boot sale and an antiques market**. Fun for all the family!

THERMAL PARK IN LE FAYET, A MORE NATURAL SETTING IN THE HEART OF THE VILLAGE

The park in Le Fayet is due to undergo a major redevelopment programme, backed by the French government as part of the Plan Avenir Montagne (Future for the Mountain Scheme). The local council aims to **restore the park to its original state, its historic roots**. The work will include refurbishing the pedestrian walkways to make them accessible to people with disabilities as well as redesigning the parking areas (more spacious, equipped with electric recharging points), making them more eco-friendly and easily accessible. On higher ground, new picnic areas with panoramic views will dot the footpaths. The entrance to the park will be redesigned to restore the historic gateway to its former glory whilst the main avenue, bordered with majestic lime trees, will portray a softer, **more welcoming atmosphere**.



ALPINE LEGENDS



SAINT-GERVAIS

a cherished
ancestral heritage

THE SUMMIT OF ART CULTURE AND HISTORY

In Saint-Gervais, **local culture** is revealed on street corners, during an encounter or **along the mountain paths and trails**.



THE SAINT-GERVAIS / LES CONTAMINES MOUNTAIN GUIDE COMPANY CELEBRATES ITS 160TH ANNIVERSARY

To mark the 160th anniversary of the local Mountain Guide Company, **an exhibition to celebrate its history and traditions** invites visitors to explore the particularities of the profession and its evolution from the past to the present day. **A series of portraits of mountain guides** by the photographer Ludovic Sarmento will also be on display in the streets of Saint-Gervais and at the Hautetour stronghold (Maison forte de Hautetour).

📍 **Maison forte de Hautetour / Promenade du Mont-Blanc**

From 6th July to 22nd September 2024

Tuesday to Friday, 10:00 am to 12.30 pm and 2:00 pm to 6:00 pm

Sunday, from 2:00 pm to 6:00 pm

EXHIBITION: LIFE IN NORTHERN SAVOY

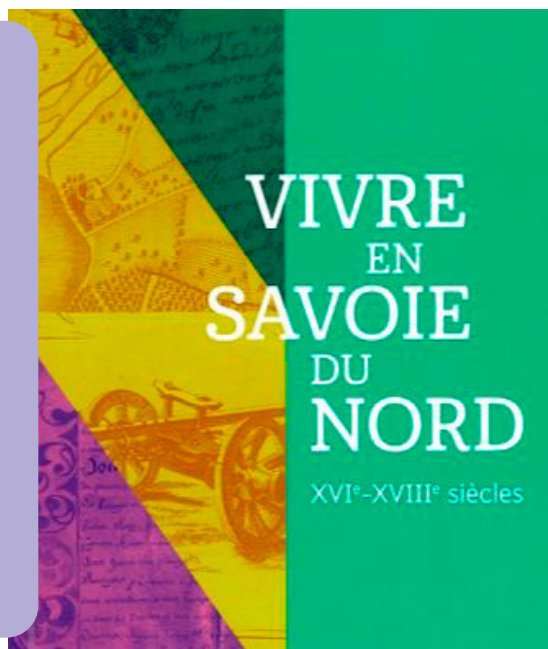
The north-western region of the Duchy of Savoy, known as Northern Savoy, became the realm of Sardinia in 1718-1720.

An exhibition of the Haute-Savoie County archives, enhanced by contributions from local collections and loans from private collectors and institutions, offers visitors an opportunity to revisit **the history and cartography of Northern Savoy** during this period and to discover recently restored Sardinian maps (cadastral documents) of Saint-Gervais.

📍 **Museum of Sacred Art**

From 6th July to 22nd September 2024

Thursday to Sunday, 2:00 pm to 6:00 pm





OUTDOOR CONTEMPORARY ART CIRCUIT

Every other year during the summer season, Saint-Gervais stages **an outdoor exhibition of monumental contemporary works of art in the Thermal park in Le Fayet**. Poetic, immersive and surprising, these works invite passers-by to **take a fresh look at the surrounding landscape**. Works by Gaspard Combes, Pia Hinz, Émilie Hirayama, Océane Jacob, Hugo Livet, Les Nouveaux Voisins, Claire Sauvaget, Marie Toulotte and Mengzhi Zheng.

📍 **Thermal Park in Le Fayet**
From 29th June to 22nd September 2024. Free access, every day.

RETROSPECTIVE OF ARTISTIC RESIDENCIES: BETWEEN LAND AND MOUNTAINS

Since it opened late 2012, the Hautetour stronghold (Maison Forte de Hautetour) **welcomes artists in residence, inviting them to reflect on the area** and produce works that today form part of a local contemporary art collection. More than fifteen **painters, artists, photographers and sculptors** have resided in Saint-Gervais, questioning **how we perceive the mountains and how we observe the surrounding landscapes?** Comparing their perspectives, through an exhibition of works produced during their artistic residencies, the viewer is invited to question the relationship between art and the mountains and the way in which the mountains continue to inspire us today.

📍 **Maison forte de Hautetour**
From 6th July to 22nd September 2024
Tuesday to Friday, 10:00 am to 12:30 pm and 2:00 pm to 6:00pm
Sunday, from 2:00 pm to 6:00 pm

EXHIBITION FLORIAN DE LA SALLE

This summer, artist **Florian de La Salle** will occupy the Pile Pont exhibition hall. Created in situ, **his work features huge spirals of blotting paper tinted by a capillarity process**. Playing with this unusual venue and the surrounding landscape, he invites viewers to enjoy **an immersive and colourful experience**.

📍 **Pile Pont Expo**
From 16th June to 22nd September 2024
June and September: Saturdays and Sundays, 2:00 pm to 6:00 pm.
July and August: Wednesday to Saturday, 2:00 pm to 6:00 pm.
Free entry.

RELAXATION AND GOURMET DINING



SAINT-GERVAIS

the summit
of well-being

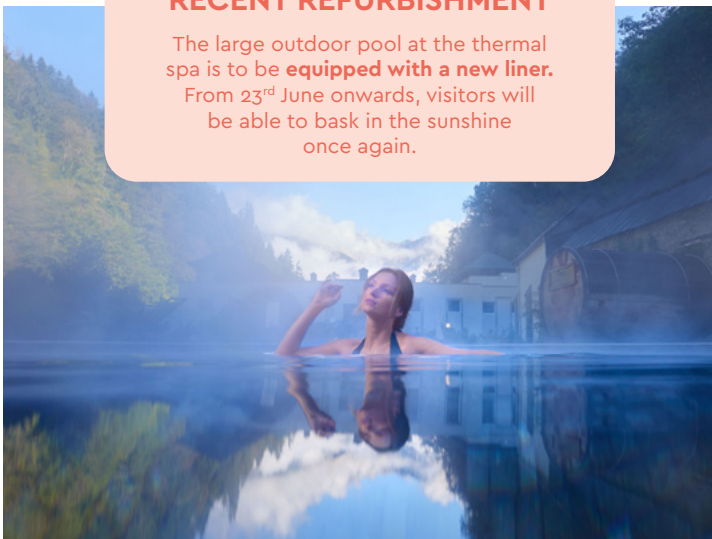
A TIMELESS MOMENT

Saint-Gervais is **home to ancient thermal springs renowned for their healing and soothing properties.**
This reviving and **soothing experience is an absolute must for both body and mind.**

RECENT REFURBISHMENT

The large outdoor pool at the thermal spa is to be **equipped with a new liner.**

From 23rd June onwards, visitors will be able to bask in the sunshine once again.



NEW

SENSITIVE SKIN CARE PROGRAMME

This summer, **the Saint-Gervais Thermal Baths** launch a **new programme for irritated, inflamed and reactive skin.** This **3-day hybrid care programme** boasts 9 different skincare treatments, 1 thermal clay wrap, 1 facial treatment (1 hour) and 1 warm spring water massage (30 minutes). Perfect to replenish the skin, body and mind. 2 entry tickets to the spa circuit complete the package.

→ 379 €, on reservation only.

NEW

FLOATATION TANK, AN EXPERIENCE FOR THE SENSES

The floatation tank now boasts a new **experiential feature: an immersive grotto and sensorial storm.** This indoor zone, renowned for its relaxing atmosphere, offers a truly unique experience.

Included in the 3-hour spa circuit package.

→ from €39 to €59, depending on the chosen period.

NEW

WEIGHTLESS MASSAGE, FOR TRUE RELEASE

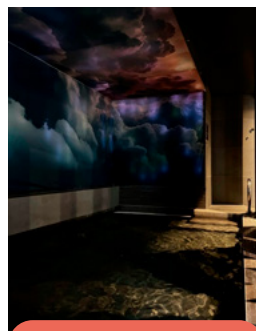
Outdoors, a **new chalet completes the relaxation facilities on offer at the thermal baths.** This structure features **2 floatation massage facilities for a soothing and deeply relaxing treatment.** Lying horizontally on a warm water mattress, a multitude of water jets lift and envelope the body. A soothing and weightless sensation pervades, perfect to relieve tension and recharge the batteries.

→ 69€ for a 3-hour spa circuit pass + floatation massage.



WHAT YOU NEED TO KNOW

The **French National Academy of Medicine** officially recognises the **soothing and healing properties of the spring water** at the Saint-Gervais Thermal Baths. Enriched with minerals and trace elements, it was first used for healing purposes in 1807.



GOURMET ITINERARIES

In Saint-Gervais, hiking is more than just an activity, it is an **unforgettable experience**, the **opportunity to recharge your batteries in natural surroundings** whilst contemplating the beauty of the alpine scenery. Plus, amateur foodies can choose between **three different gourmet trails to sample the delights of the mountains.**



LA MIAGE

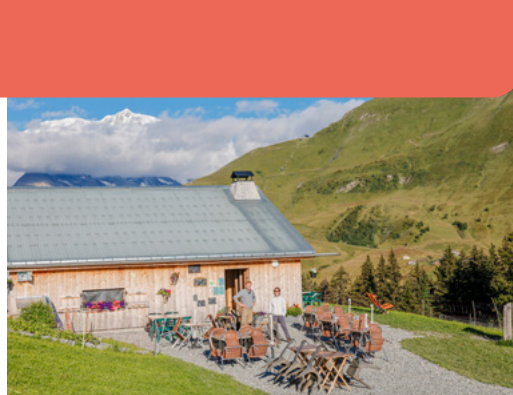
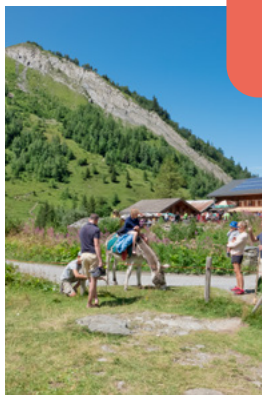
From the car park at La Gruvaz, take the path leading to Maison Neuve, through forests and clearings, towards the Alpage du Truc. On arrival, **tuck into a selection of cheeses and sausages at the Auberge du Truc** where breathtaking views of the Mont Joly and the Dômes du Miage can be enjoyed.

DRÉ DANS L'PENTU

Starting from Le Bettex, this walk is guaranteed to whet your appetite! Take a detour via the Pierre du Déjeuner mountain pasture to reach the route des Orgères and enjoy a selection of cow's and goat's milk cheeses at the **La Grand Montaz**. **A taste of alpine gastronomy** with breathtaking views of Mont-Blanc.

LA ROUTE DU LAIT

Starting at Mont d'Arbois, head towards the Lac de Joux (1,000 m altitude) and the Alpage de la Pierre du Déjeuner to enjoy fresh tomme cheeses and butter. Return to Lac de Joux and head for the **Roches Fleuries** mountain pasture where the **milk from the herds is processed on site to make tasty cheeses** (tommes, crottins, raclette, faisselles) and other farm produce.





*Eat, rest and repeat! Saint-Gervais boasts a host of **new restaurants** and experiences to suit all tastes.*

NEW GOURMET EXPERIENCE AT LA FERME DE CUPELIN

Florian and Lauriane, who have lived in the Haute-Savoie region for over ten years, recently took over the reins of the restaurant at La ferme de Cupelin. This ageless refuge, a hidden gem **above the village of Saint-Gervais**, **proposes simple, friendly and delicious cuisine for curious diners and gourmet foodies.**

SUNNY FLAVOURS AT AVANTI

The restaurant at the 4* Hôtel Le Saint-Gervais & Spa **proposes a Mediterranean-inspired menu**, featuring **mezze-style dishes to share**: hummus, grilled octopus, Lebanese flan etc. Original flavours to be enjoyed by all, at the foot of Mont-Blanc.

DO AS YOU PLEASE AT PLAN B

This coming autumn, a new **multigenerational venue will open** its doors in Le Fayet. This modern and quirky hotel, in the image of its sister establishment in Chamonix, aims to **inspire** holidaymakers in Saint-Gervais.

L'ANCOLIE, A MOUNTAIN CHALET IN THE HEART OF THE VILLAGE

For a **truly authentic alpine experience**, a new chalet completes the existing facilities at the 5* Armancette hotel in Saint-Nicolas de Véroce. Located in **the heart of the village**, close to the hotel and its 2 restaurants, this **peaceful retreat** is ideal for a memorable stay, whatever the season.

SOURCE, AN UNFORGETTABLE DINING EXPERIENCE

Clauderic Marquet, in the kitchen, and Anthony Auvray, in the dining room, propose a **contemporary interpretation of traditional cuisine**, both refined and assertive. Enjoy a choice of dishes with French and exotic culinary influences. The comprehensive €42 menu, served in an elegant bistro style setting, is an absolute must!

NB: Source was recently awarded 13/20 by the prestigious Gault&Millau guide.



GOOD VIBES, DELICIOUS & NUTRITIOUS!

Ewa, the owner of this cosy snack bar, proposes fresh and healthy options to suit all taste buds. Saint-Gervolaine by adoption, Ewa serves smoothie-style non-alcoholic cocktails, delicious French, English and Polish-style breakfasts, soup of the day, salads, sandwiches and homemade cakes, **Good Vibes has it all!**



Sustainable tourism development in alpine areas.



A resort in favour of cycling.



The guarantee of a friendly welcome and quality services for cyclists.



Working to improve tourist activities and customer satisfaction.



Certification of the quality of service provided by the Tourist Office: reception, promotion and communication.



A commitment to encourage sport, in support of the 2024 Olympic games.



The highest recognition in the ranking of tourist resorts.



The guarantee of a friendly welcome and varied activities for all the family.



BY TRAIN

SNCF Train Station in Saint-Gervais Le Fayet.
 / TGV direct from Paris: 5 hours 45 mins.
 / Direct train from Geneva (L3 Léman Express): 1 hour 45 mins.
 / Train from Annecy: 1 hour 30 mins.

BY BUS

From Annecy, Bellegarde or Geneva.

BY ROAD

A40, exit 21 → Le Fayet.
 The centre of Saint-Gervais is only 6 km from the motorway exit.
 / Geneva: 1 hour / Annecy: 1 hour 10 mins.
 / Lyon: 2 hours 30 mins / Paris: 5 hours 30 mins.

BY PLANE

/ From Geneva Airport: 1 hour.
 / From Lyon Airport : 2 hours.

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Saint-Gervais Mont-Blanc

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